

MODULE 7: LEARNING ACTIVITIES & CAPSTONE PROJECT

Lesson Overview

The first six modules gave you the knowledge and tools to plan, organize, and present a character reference campaign. This module pulls everything together into practical assignments. By completing these activities, you'll finish the course with a ready-to-use **Character Reference Campaign Portfolio**, anchored by your Prison Professors profile.

Activity 1: Reflection Journals

- » Write three journal entries of at least 300 words each.
- » Suggested prompts:
 1. What values guide me as I prepare for sentencing?
 2. What lessons have I learned from my offense?
 3. How will I use custody and reentry to contribute positively?
- » Upload these journals to your Prison Professors profile.

Activity 2: Biography Draft

- » Write or revise a biography of 500—1,000 words.
- » Include your background, family, work history, offense conduct, remorse, and commitment to change.
- » This biography will serve as the foundation for both your sentencing presentation and your profile.

Activity 3: Book Report

- » Choose one book related to personal growth, leadership, or resilience.
- » Write a 2—3 page report summarizing what you learned and how it applies to your journey.
- » Post the report to your profile.



Activity 4: Supporter Outreach

- » Draft and send at least five outreach messages requesting letters of support.
- » Use the guidance and sample language from Module 3.
- » Record each contact in your tracking spreadsheet (see Module 4).

Activity 5: Collecting Letters

- » Secure at least three draft letters from your supporters.
- » Review with your attorney before final submission.
- » Store each letter in your campaign folder and log it in your tracking sheet.

Activity 6: Release Plan

- » Draft a release plan that outlines:
 - ◇ How you will use time in custody productively.
 - ◇ Your reentry plan for work, family, and community.
 - ◇ Your commitment to accountability and restitution.
- » Upload your release plan to your profile.

Activity 7: Portfolio Assembly (Capstone Project)

Bring everything together into a **Character Reference Campaign Portfolio**:

1. Biography (profile entry).
2. Journals (at least 3).
3. Book report.
4. Release plan.
5. Tracking spreadsheet with outreach status.
6. At least 3 character reference letters (draft or final).



7. A one-page summary sheet tying letters + profile entries to key sentencing themes.

Key Takeaway

By completing these activities, you'll finish with more than just letters. You'll have a **comprehensive sentencing package** that demonstrates remorse, accountability, and growth—backed by your Prison Professors profile. Judges respond to action, not promises. This module ensures you present evidence of who you are and where you're going.

